



UKRAINIAN INSTITUTE  
OF COGNITIVE BEHAVIORAL  
THERAPY



INTERNATIONAL SOCIETY OF  
SCHEMA THERAPY

SCHEMA THERAPY TRAINING PROGRAM  
ACCREDITED BY INTERNATIONAL SOCIETY OF  
SCHEMA THERAPY

# Certificate of Completion:

## 57 hours Schema Therapy training module

*Iryna Glavatska*

Has Attended: Schema Therapy training Standard and Advanced Level  
ISST-Approved Trainer Name: Oleh Romanchuk

### CONTENT TRAINING PROGRAM OR MODULE

Workshop Name	Subject covered	Hours Specified	Number of participants	Trainers
Schematherapy Standard Level	This module covers all the subjects mentioned in the certification training programs of the ISST	Didactic: 32 Role-play: 25	20	1

- 1 Concept and Case conceptualization (1.1 Schema Theory and Concept; 1.2 Treatment Formulation & Case Conceptualization)
2. Therapy Relationship
3. Schema Therapy techniques (3.1 Cognitive techniques; 3.2 Experiential techniques I (Imagery work); 3.3 Experiential techniques II (Chairwork & Roleplay); 3.4 Homework assignments and behavior change)
4. Specific Treatment Populations (BPD, Narcissistic and Anti-social PD and cluster C)

#### Literature used in this module:

Reinventing Your Life  
Schema Therapy: A Practitioner's Guide  
Schema Therapy in Clinical Practice: Mode Approach

Signatures



*O. Romanchuk*

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Oleh Romanchuk  
trainer, program director